

JANUARY 2026

NOTES:

GOALS:



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 	29	30	31	1 NEW YEARS DAY	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 MARTIN LUTHER KING JR. DAY	20	21	22	23	24
25	26	27	28	29	30	31